

CBT Workshops Ltd

Endorsements for 2 day depression workshop at University College London (2008)

“I most enjoyed the demo’s which brought the theories to life. I also liked the informal and accessible style of the presenters during the sessions and out of them” Dr Paula Reardan, Couple therapist - London

“Good communication skills. Not too many meaningless role plays! Thank you – one of the best workshops I have attended, and definitely the best CBT workshop” Jacqueline Ullman, Counsellor/Therapist - London

“... pragmatic/practical approach that gave a real sense of how you might use these concepts and interventions with real clients” Steve Smith, Private Practice & Project leader, Battersea Pastoral project - London

“Quality of presenters particularly when talking off script” Dominic Raeside , Head of Mediation – Family Law in Partnership www.flip.co.uk