

CBT Workshops present

Using a CBT approach within General Practice consultations: Tools for depression

A one-day workshop

Presented by Dr James Manning, BSc, ClinPsyD, C.Psychol

Date	Thursday 24 th September
Time	9.30am to 4.30pm
Venue	University College London Room 101 Gordon House 16-18 Gordon Square London WC1H
Price	£210.00 £169.95 (early bird rate)
Price includes	CBT Consultation pack: 6 copies of the book “Think About Your Thinking: To Stop Depression” RRP £59.94 5 copies of the book “How to help your loved one overcome depression” RRP £49.95 1 copy of “Think about your thinking: Cognitive Behaviour Therapy Manual for depression” (includes licence to copy) RRP £59.95 Free CD-ROM of presentation, guided reading list, reference list, and copiable worksheets Sandwich lunch and full refreshments provided

Spaces are limited to 24 so please book early to avoid disappointment. Please use the attached booking sheet to reserve your place or e-mail jamespmanning@btinternet.com for further information